OUR STORY

Upham is a growing collection of pubs with rooms, in the south of England. Each inn celebrates it's own unique character and local community that it serves. We celebrate our idyllic locations and believe we have a responsibility to protect the countryside that surrounds us, for now and future generations.

WECARE

Our carefully considered offering of ever growing products with purpose are highlighted within our list with either a bee or tree symbol.

Celebrating our partnerships with like-minded suppliers in support of our vision (with your help) to become more environmentally friendly and carbon neutral in every choice we make.



Each drink highlighted with a tree symbol indicates a 'sustainable story'.



Each drink highlighted with a bee symbol indicates a serve that will contribute to our charitable partnership with the Bee Friendly Trust supporting their mission to create habitats for pollinators to thrive.

Drinks shown within our dotted boxes showcase our non-alcoholic serves.



Mixed Italian Olives 3.95 Chilli puffs / Mixed nuts 2.50 Pipers crisps 1.50

SOFTS & MIXERS	
Kingsdown sparkling pressés Hand-crafted soft drinks made from natural spring water & the highest quality fruit juices. Choose from apple, orange, rhubarb or elderflower	3.90
Fruit juices	from 3.25
Double Dutch tonics & mixers	2.95
Coca Cola original, diet or zero	_ from 3.30
Diet Pepsi, Pepsi Max or R Whites Lemonade	from 3.25





BOTTLED BETTES & CIDERS

	Peroni Gluten Free 500ml Italy (5.1%)	5.30
	Sol 330ml Mexico (4.5%)	5.20
	Old Mout Cider 500ml (4.5%)	5.85
	Camden Hells (4.6%)	5.30
	Peroni Nastro Azzuro 300ml (0%)	4.40
	Old Mout berries 500ml bottle (0%)	5.30
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DRAUGHT PEER & CIDER

Grolsch Netherlands (4%)

Peroni Nastro Azzuro Italy (5.1%)

Guinness Dublin (5.1%)

Meantime Anytime IPA London (4.7%)

Pilsner Urquell Czech Republic (4.4%)

Cornish Orchard Gold Cornwall (4.5%)

Please ask for today's selection of Cask Marque accredited real ales and draught ciders – these change all the time to keep the freshest and most suitable range available to you! We are proud to be Cask Marque approved through their independent inspections.

APERITIFS & SEASONAL SPRITZ

Aperol Spritz Aperol Italian aperitif, prosecco, soda water & an orange slice	9.45
Beesou Spritz Beesou honey aperitif, prosecco, soda water & pink grapefruit slice \$\times\$ 25p from every Beesou Spritz sold will be donated to the Bee friendly Tru	
Spiced Ginger Spritz Makai spiced rum, ginger beer, soda water & lime slice	
Apple-roll Spritz (0%) Lyre's Italian spritz, Lyre's classico sparkling wine, apple juice & soda with app	
Spiced Cane Ginger Spritz (0%)	7.25

CLASSIC COCKTAILS

Mojito
Pornstar Martini
Old Fashioned 9.95 Bourbon, Angostura bitters, sugar syrup & water with orange slice
Espresso Martini 9.95 Vodka, Kahlua, vanilla & double espresso
Peach or Passion fruit Bellini 8.50 Peach or passion fruit purée with prosecco
Bloody Mary
Pimms & lemonade with seasonal fruitsglass 6.95 / pitcher 16.25

Virgin mojito (0%)	5.95
Virgin Peach or Passion fruit Belli-no Peach or Passion fruit puree with Lyre's classico sparkling wine	6.50

OUR SIGNATURE CREATIONS

Beegroni	9.25
Botanical Smash Bombay Sapphire gin, lemon, St Germain elderflower liqueur, blackcurrant, cranberry & mint	10.50
Cherry Bakewell sour (0%) Lyre's Amaretti, cranberry & cherry purée	7.95

SPARKLING & CHANPAGNE	125ml / bottle
Moët Imperial Moët and Chandon, France (12%)	75.00
NV Prosecco Via Vai, Italy (11%) Delicate, lively Prosecco, fragrant with white flowers and a lime tang on the finish	7.50 / 33.00
Prosecco Rose Ruggeri, Italy (11.5%)	36.50
Eins Zwei Zero sparkling rosé (0%)	30.00



WHITE	175ml / 250ml / bottle
Verdejo "Embrujo" Bodegas Verum, Spain (12.5%)	
Chardonnay Les Mougeottes, France (13.5%)	7.15 / 9.65 / 27.00
Sauvignon Blanc, Petal & Stem Yealands, New Zealand (13%)	
Petit Chenin Blanc Ken Forrester, South Africa (13%) Fresh white from one of South Africa's most respected producers fragrant with quince & pear drop, while green apple & grapefruit z	ı

Blanc de Blanc Le Rouleur, France (11.5%)	5.25 / 7.15 / 19.95
Pinot Grigio Arcole Love Story, Italy (12.%)	7.95 / 10.40 / 29.00
Picpoul de Pinet Reserve de la Roquemoliere, France (12.5%) Soft, floral white, dry and delicate, exuding acacia, hawthorn blossom and citronella	.8.75 / 11.80 / 33.00

ROSE	175ml / bottle
Pretty Gorgeous Rosé France (13%)	5.25 / 7.15 / 19.95
La Copa de Bobal Rosé Utiel-Requena, Spain (12.5%)	6.35 / 8.60 / 24.00





	Carignan Le Rouleur, France (12%)	5.25 / 7.15 / 19.95 g
	Tempranillo "Embrujo" Bodegas, Spain (12.5%) Expressive Spanish red with black fruit & spice	5.50 / 7.25 / 21.00
SOFT	Pinot Noir Les Mougeottes, France (13%)	7.50 / 10.00 / 28.00
	Rioja Crianza Ramón Bilbao, Spain (14%)) Full of black fruit plus an intriguing sour note	37.00
	Montepulciano d'Abruzzo Abruzzo, Italy (14.5%) Classic, plum-filled Montepulciano d'Abruzzo, pleasantly scented with violets, peonies & more plums	7.95 / 10.75 / 30.00
	Don David Malbec El Esteco, Argentina (14%)	9.25 / 12.50 /35.00

OUR CARAFE SERVES

- Laylo Sauvignon Blanc France (11.5%) £7.95 / £22.50 / £38.95 Crisp & fruity, with pineapples, green apples & white peach that gives Marlborough Sauvignon run for its money
- Laylo Rosé Provence, France (13%) £7.95 / £22.50 / £38.95 A super-pale, dry vegan rosé made in the traditional Provençal style from Grenache, Syrah and Mourvedre grapes. Expect redcurrants, strawberries and long, bracing acidity.
- Laylo Merlot Minervois, France (13.5%) £7.95 / £22.50 / £38.95 Medium bodied vegan red, classic French in style with raspberries, blueberries & a hint of coffee, with smooth tannins that taste like liquid velvet.





Glenfiddich 12 year old Scotch

Meaning 'valley of the deer' in Scottish Gaelic, with a lower aby than the increasingly popular cask strength Scotches - it's the one to drink when you're drinking more than one

Jameson Irish Whiskey

Distilled three times in copper stills for smoothness - not because they have to but because they want to. Good things come in threes according to Jamo"

Talisker Scotch Whisky

The Isle of Skye's only single malt & one that is loved all over the world for its maritime character



HIGHLIGHTS FROM OUR RANGE

Woodford Reserve

The worlds most 'flavourful bourbon' with more than 200 delectable flavours (we won't list them all) but we can tell you it's super smooth

Jack Daniel's Old No 7

Charcoal mellowed drop by drop

Maker's Mark

Made from soft winter wheat (instead of the usual rye) for a full flavoured bourbon

Having received B-corp status for championing social & environmental initiatives across the company & industry, Maker's Mark promotes a mission 'make your mark' - 'Leave no trace'

HIGHLIGHTS FROM OUR RANGE

TFOUILA

El Tequileno Reposada

Three generations after it's foundation, with history, heritage & passion in every drop the family's legacy continues to influence the production of the finest quality sustainable tequilas



98% of El Tequileno's production residuals are converted into organic compost which is then used to fertilize their next generation of Agave

El Rayo No1 Plata

A modern tequila created to mix with tonic water. Move over G&T, the T&T has arrived



HIGHLIGHTS FROM OUR RANGE

Grey Goose

There for all of life's best moments with an opulent reputation - distilled in Picardy, France with only the finest French ingredients

Sapling Vodka

Tackling climate change through reforestation - planting a tree for every bottle we buy!



100% carbon positive British vodka four times distilled using local ingredients to reduce transport emissions

Finlandia

The vodka for vodka lovers, created from golden Finish barley that is softened by the harsh Scandi winters

Mermaid Salt

Created with a pinch of locally sourced sea salt, like the gentle kiss of a mermaid. Distinctive & unique Mermaid salt vodka is a mixologist favourite adding a hint of sea air to their creations



Certified as net zero through off setting their carbon emissions through their work with projects such as the Ocean foundation which is an extensive sea grass growing initiative



Bombay Sapphire

Distilled at Laverstoke Mill in Hampshire. Bombay first burst onto the scene in the late 80's. By focusing on the botanicals they paved the way for a lot of the craft gins we know today

Hendrick's

A triumph of the unusual - curious, yet marvellous the infusions of rose & cucumber create the uniquely balanced flavour elevating any cocktail & all occasions

JJ Whitely Pink Gin

Produce with the freshest & juiciest summer berries by the Whitely family - who's love of berry picking together inspired this pink perfection

Bloom Jasmine & Rose

Sugar free premium pink gin, bursting with exquisite floral flavours

Tanqueray

Nearly 200 years ago, Tanqueray was one of the earliest innovators in gin history - thanks to Charles Tanqueray, who founded it in the late 1830's. Today it's hard to find a back bar without the familiar green bottle modelled on a cocktail shaker

Whitley Neill rhubarb & ginger or Sicilian blood orange

From the warming flavours of a rhubarb & ginger crumble to the taste of the Mediterranean sunshine

Mermaid

Inspired by its lead botanical rock samphire, known locally as mermaids kiss this hand crafted gin is made from 10 ethically sourced botanicals designed to free your spirit

Mermaid pink strawberry or zest

From fresh sun-kissed strawberries to coastal rosemary & zesty citrus



Packaged in full recyclable glass bottles, Mermaid seals are made from plant based materials & their stoppers are made from sustainably sourced cork



Mount Gay

Originally owned by John Sober, who inherited a small distillery at the top of Mount Gilboa in Barbados in 1703

Makai Spiced Rum

Inspired by the spirit of Polynesia blended with rich spices where modern meets tradition & ocean meets jungle

Havana Club 3 Year Old

No stranger to awards this Cuban classic was the first Havana club intended for sipping neat

AFTER DINNER SIPS

Amaretto sweet Italian liqueur

Courvoisier Cognac

Cockburn's Fine Ruby 20 year old tawny port

LBV Port, Quinta do Crasto, Bella Luna, Portugal



LIQUEUR COFFEE		BOOZY HOT DIRINKS
Jameson	7.50	Amaretto latte 6.95
Brandy	7.50	Baileys latte6.95
Scottish Whisky	7.50	Cointreau hot chocolate6.95
Amaretto	7.50	Baileys hot chocolate6.95
Coffee Liqueur	7.50	
Dark rum	7.50	

HOT DIZINKS

Americano	3.00	Flat white	3.50
Cappuccino	3.50	Macchiato	3.00
Espresso single	2.50	Tea	3.00
Espresso double	3.00	Specialist tea	3.00
Latte	3.50	Mocha	3.00
		Hot chocolate	3.00



Proudly served with Moon Roast small batch coffee, roasted in the heart of rural Hampshire.

SCAN FOR ALLERGENS

Our food and drink is prepared in food areas where cross contamination may occur and our menu descriptions are not guaranteed to include all ingredients. If you have any questions, allergies, or intolerances please let us know before ordering. Substitutions are available to support dietary needs.

